

RAINY RIVER PUBLIC LIBRARY		
Category: SERVICES		Number: SE18
	Topic: Healthy Meetings and Events	Page: 1 of 1
Date: Dec. 7, 2016	Authorized by:	

The purpose of this policy is to create supportive environments for healthy eating and physical activity at library meetings and events.

1. The library board will facilitate healthy meetings and events that promote healthy eating, physical activity and environmental impact. Healthy choices are provided when food and beverages are offered at meetings and events. Opportunities for physical activity are added to all meetings and events lasting longer than one hour. Safe food handling practices and environmentally friendly options are considered at all meetings and events.

2. Staff organizing and planning for community events, meetings, workshops, or educational sessions for library employees, Board members, volunteers, patrons, guests, and partners shall consider the following guiding principles listed below:

- Provide healthy food and beverages.
- Always offer water as the primary beverage choice.
- Practice safe food handling.
- Support and encourage standing and sitting for meetings lasting longer than one hour.
- Support and encourage 'active meeting' options.
- Promote physical activity opportunities and breaks.
- Accommodate special dietary needs and cultural preferences (where possible).
- Support local foods.
- Minimize waste. Limit packaging such as individual portions.
- Use reusable plates, cups, and utensils when practical.
- Be fiscally responsible.

3. Choose local or Ontario/Manitoba-grown and -produced foods whenever possible. If locally-produced foods are not available, the Library Board will make every effort to purchase products from local businesses.

4. Ensure that money spent on meals and breaks balances the guiding principles at the lowest possible cost. A healthy choice is always required.

5. The library does not use food as program-related prizes for patrons, in particular, for children's programs.